

TD ABS

THE MEETING

2026



FEBRUARY
27 & 28

CARTAGENA - COLOMBIA

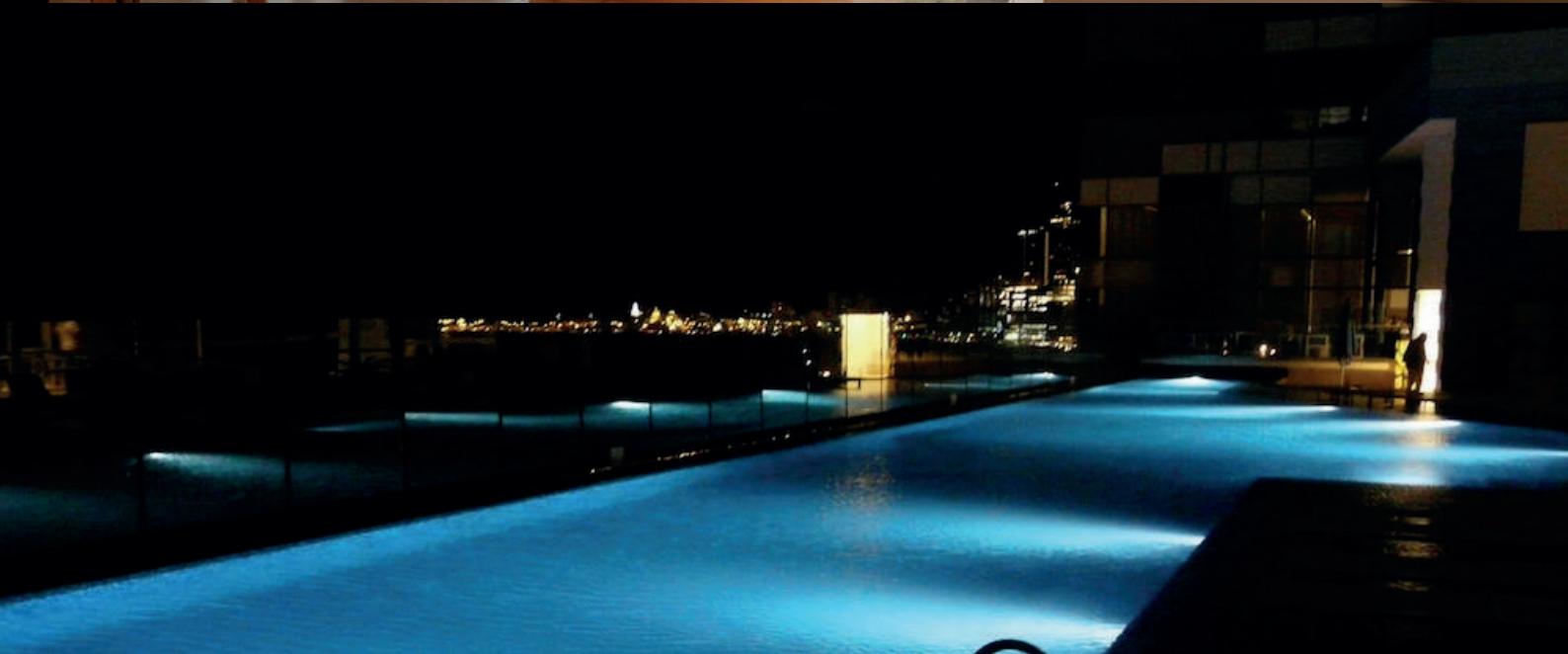
FACULTY

 Alfredo Hoyos, MD	 Carlos Oñate, MD
 Pablo Arrieta, MD	 Daniel Oñate, MD
 Ricardo Proto, MD	 Filipe Fusinato, MD
 ALESSANDRA PROTO,MD	 Hugo Aguilar, MD
 Adel Bark, MD	 Sergio Razzano, MD
 Mauricio Pérez, MD	 Jerry Chidester, MD
 Hossam Tahseen, MD	 Camilo Ricordi, MD
 Rodrigo Dominguez Millan, MD	 George Christopoulos, MD
 Juan Manuel Velasco, MD	 Paulo Duarte, MD
 Damiano Tambasco, MD	 Andrea Lapeire, MD
 Mario Mendanha, MD	 Lina Rodríguez, MD
 Jafar Jorjani, MD	 Jose Santaella, MD
 Jesús Centeno, MD	 Roni Moya, PHD
 Juan Pablo Menéndez, MD	 Jason Pencek, DC, FNP
 Pat Pazmiño, MD	 Ingrid Moreno, MD
 Andre Marshall, MD	 Tetyana Probyy Holova
 Matt Stefanelli, MD	 Javier Soto, MD
 Suleyman Tas, MD	 Ahmad Yehia, MD
 Andrés Bello, MD	 Roberto de Mezerville, PHD
 Maurcio Wagner, MD	 Maryna Svyrydyuk
 JUAN JOSÈ CHACÓN-QUIRÓS, PHD	

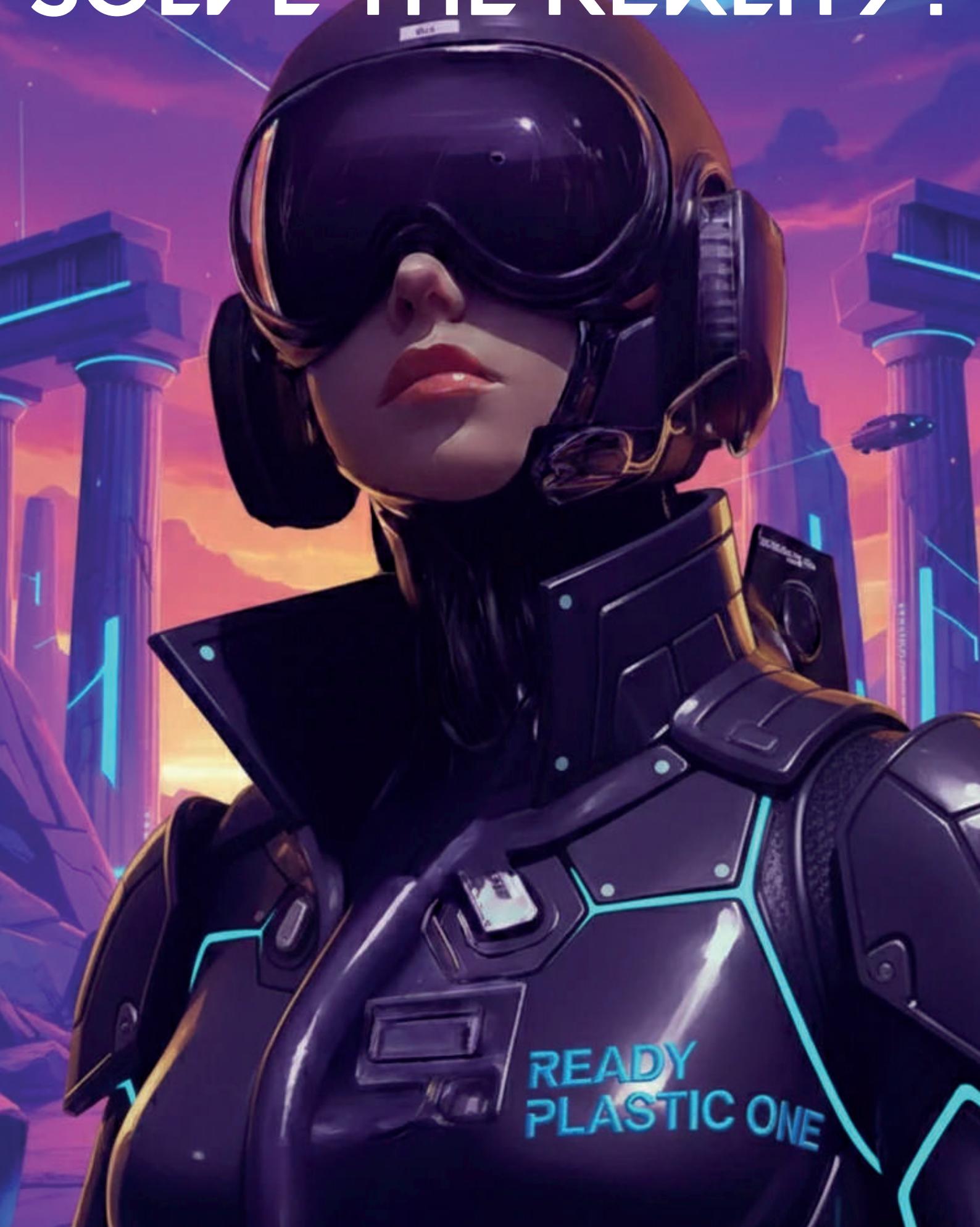
INTERCONTINENTAL CARTAGENA HOTEL

Dirección: Cra. 1 # 5-01

Cartagena de Indias, Provincia de Cartagena, Bolívar



PLAY THE MOVIE. SOLVE THE REALITY!



READY
PLASTIC ONE

PRE CONGRESS LIPEDEMA EXPERIENCE

A woman with short, orange hair and glasses, wearing an orange bikini, walks towards the right on a sandy beach. She is surrounded by large, flowing, translucent red fabric that billows out behind her like a cape. In the background, there are palm trees, a few small boats on the water, and a stone building on a hill. The overall aesthetic is vibrant and artistic.

**FEBRUARY 23 & 24
CAPRI CLINIC**

This course is not just about treating lipedema
it's about redefining what's possible for patients
who've been misunderstood and underserved.





Jafar Jorjani, MD – Germany Worldwide expert in advanced lipedema treatment
Dr. Jorjani's approach to lipedema goes beyond technique.
It is rooted in respect for anatomy, understanding of pathology,
and a deep appreciation of human individuality.



High-Definition Liposculpture is not just about sculpting the body it's about understanding it at a deeper level.
Lipedema is a condition that goes far beyond aesthetics; it carries pain, frustration, and often years of misdiagnosis.
As surgeons, we have the responsibility to bring relief, restore harmony, and elevate the quality of life for these patients.

Alfredo Hoyos MD

PRE CONGRESS LIVE SURGERIES



February 25 & February 26 (half day)

FACULTY

Body Contouring & Anatomy



Alfredo Hoyos, MD – Colombia
Creator of High-Def Lipo
& Total Graft concept
& The Quantum Tech

Matt Stefanelli, MD – France

Anatomist, Educator
@iclassanatomy concept of
TOTAL HYBRID CONCEPT
(butt implants + fat)



Ricardo Proto, MD – Brazil
Expert in Advanced
Body Contouring /
HD Refinements

FACULTY

Breast Surgery



Adel Bark, MD – Brazil

Creator of the Multiplanar
Breast Surgery
/ L-Scar Technique

Jesús Centeno, MD – Spain

Expert in the Hybrid Breast
Techniques & Refinements



FACULTY Face



Javier Soto, MD – Colombia
Expert in Technology-driven Facial Surgery, Proportions and Surgical Harmony of the Face.

Suleyman Tas, MD – Turkey

Creator of one-of-a-kind Surgical techniques for Facial Structural Enhancement and Framework.



TOTAL FACE

An Integrated Facial Approach



**Day 1:
FRIDAY FEBRUARY 27**

TOTAL FACE

An Integrated Facial Approach

DAY 1:
FRIDAY
FEBRUARY 27

- | | | |
|-------------|--|-------------------------|
| 7:30 | Welcome! This is not your usual congress... | PABLO ARRIETA, MD |
| 7:45 | TWO DAYS THAT WILL DEFINE YOUR NEXT 10 YEARS! | ALFREDO HOYOS, MD |
| 8:00 | 7 Neck: Minimal Invasive Neck Lift | JUAN PABLO MENÉNDEZ, MD |
| 8:15 | MASTERCLASS: Mastering and Finesse in Rhinoplasty and Facelift Surgery | SULEYMAN TAS, MD |
| 8:45 | The Science of Subdermal Sculpting
Quantum RF for Facial Retraction | JAVIER SOTO, MD |
| 9:00 | High-Precision Neck Sculpting | AHMAD YEHIA, MD |

9:10

Discussion:

9:30
PAUSE
&
POWER UP

BEYOND HIGH DEFINITION:

Sculpting the Future of the Body



DAY 1:
FRIDAY
FEBRUARY 27



BEYOND HIGH DEFINITION:

Sculpting the Future of the Body

DAY 1:
FRIDAY
FEBRUARY 27

10:00	The evolving concept of beauty in HD aesthetic surgery	RODRIGO DOMÍNGUEZ MILLÁN, MD
10:15	MASTERCLASS: From Basics to masters: HD explained	ALFREDO HOYOS, MD
10:45	Redefining HD Arm Contouring: Advanced 360° High-Volume Arm Contouring with the LLA – From Forearm to Shoulder	JAFAR JORJANI, MD
11:00	Refinement Strategies in High-Definition Body Contouring: Predictability, Safety and Long-Term Results	PAULO DUARTE, MD
11:15	MASTERCLASS: Strategic HD Body Contouring in the Overweight Patient. The impossible made possible	HOSSAM TAHSEEN, MD
11:45	The Mommy Takeover™ Reimagined: Engineering Predictable Full-Body Transformation	JERRY JEDESTER, MD
12:00	Xcisional surgery redefined: IA algorithm for minimal excision + technologies	ALFREDO HOYOS, MD
12:20	Reverse Abdominoplasty: tales from the upper side	ANDRE MARSHALL, MD

12:35 - 12:55 Discussion: HD Body contouring

12:55
**LUNCH
TIME**

LUNCH WITH THE EXPERTS



PRECISION, SAFETY, CONFIDENCE:
THE ULTRASOUND ADVANTAGE IN PLASTIC SURGERY

U-PLAST
ULTRASOUND ACADEMY



Juan Manuel Velasco
Expert



FRIDAY FEBRUARY 27
TIME: 12:55 PM - 14:00 PM
EXCLUSIVE EVENT ONLY BE REGISTRATION

TOTAL GRAF+

Beyond Volume

DAY 1:

FRIDAY

FEBRUARY 27



DAY 1:
FRIDAY
FEBRUARY 27

TOTAL GRAFT

Beyond Volume

14:00 **MASTERCLASS: TOTAL GRAFT concept:
male and female body MAXIMUM EFFORT**
ALFREDO HOYOS, MD

14:30 **PRIME GRAFT - An Alternative Approach
To Intramuscular Fat Grafting**
MARIO MENDANHA, MD

14:45 **IntraMuscular Fat Grafting made safe:
GRAFT SCORE**
MATT STEFANELI, MD

15:00 **Beyond BBL: the future of gluteal contouring**
PAT PAZMINO, MD

15:15 **Male Total Graft: Engineering Male
Definition Through Fat Grafting**
RICARDO PROTO MD

15:30 **Total Hybrid: French Butt Reshaping
(FBR) with Implants & Fat**
MATT STEFANELI, MD

15:45 **Discussion:**

16:05 **Anatomical Landmarks: Live Demonstration
FEMALE VS MALE**
ALFREDO HOYOS, MD + RICARDO PROTO , MD

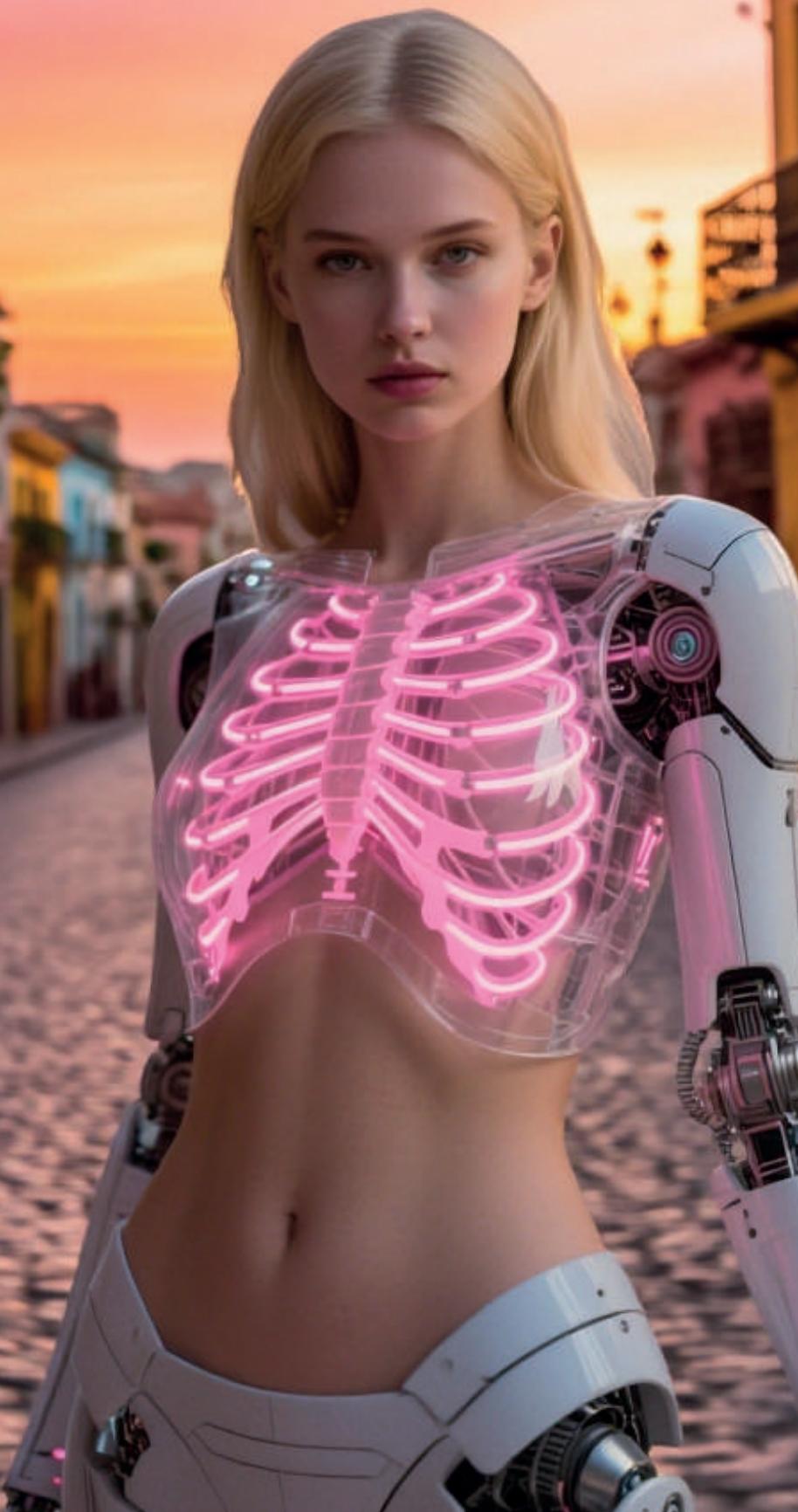
17:00
**The
Energy
Break**



TOTAL WAIST

Rib Remodeling

DAY 1: FRIDAY
FEBRUARY 27



TOTAL WAIST

Rib Remodeling

DAY 1: FRIDAY
FEBRUARY 27

17:20 WASPP: parallel scarless rib remodeling

ALFREDO HOYOS MD

**17:30 MASTERCLASS: RIBOSS & ARCO®:
Hardware required**

HUGO AGUILAR MD

18:00 Rib Remodeling: the USA Experience

ANDRE MARSHALL, MD

18:15 Nice but, What about complications?

DANIEL OÑATE, MD

18:30 Discussion: are we there yet?

18:50 END OF THE FIRST DAY

20:00 DYSTOPIAN FUTURE Cocktail

This night is inspired by a dystopian future, where technology rules, beauty is engineered, and humanity stands at the edge between control and consciousness.



DYSTOPIAN FUTURE COCKTAIL



**FRIDAY 27 FEBRUARY
HOUR: 8PM**

TOTAL BREAST

The New Era of Breast Design

DAY 2:
SATURDAY
FEBRUARY 28



T	D	
A	B	S

TOTAL BREAST

The New Era of Breast Design

DAY 2:
SATURDAY
FEBRUARY 28

- 7:00** **Breast Tissue Preservation as a New Paradigm in Aesthetic and Reconstructive Breast Surgery**
JUAN JOSÉ CHACÓN-QUIRÓS, PHD
- 7:15** **The 1/3 SMR Breast Technique for Challenging Cases**
SERGIO RAZZANO, MD
- 7:30** **Why you must learn the Multiplane Concept: Unique solutions on tough cases.**
ADEL BARK, MD
- 8:00** **LET'S MAKE IT RIGHT: My Approach for Consistent Results in Secondary Mastopexy**
PABLO ARRIETA,MD
- 8:15** **Stabilization Mastopexy: mistry devealed**
JESUS CENTENO, MD
- 8:30** **The Contemporary Breast in Whole-Body Aesthetics: Precision, Preservation, and Proportion**
JERRY JEDESTER, MD
- 8:45** **Breast Reconstruction algorithm with implants**
LINA RODRIGUEZ
- 9:00** **MOTIVA history: from pizza oven to the new paradigm in breast implants**
ROBERTO DE MEZERVILLE, PHD

9:15

Discussion:



ON MODE by INMODE



DAY 2:
SATURDAY
FEBRUARY 28



ON MODE by INMODE

DAY 2:
SATURDAY
FEBRUARY 28

9:35 **Are we ready for the Ozempic era?:
less fat, more laxity**

ALFREDO HOYOS, MD

9:50 **Fixing the Unfixable: Revision Surgery
in Lipedema Surgery Using, Fattransfer,
the LLA and Radiofrequency Skin Tightening**

JAFAR JORJANI, MD

10:05 **Total Facial Refresh with Radiofrequency
Technology and Regenerative**

GEORGE CHRISTOPOULOS, MD

10:20 **Challenging the limits: Quantum RF
solutions for Complex Anatomies.**

DAMIANO TAMBASCO, MD

10:35 **Incorporating technologies in the OR
for patient safety / my journey with quantum,
the first 200 cases**

ANDRES BELLO, MD

10:50

Give me a break (with coffee)



TOTAL SAFE-T

Think. Plan. Operate. Safely.

DAY 2:

SATURDAY
FEBRUARY 28



DAY 2:
SATURDAY
FEBRUARY 28

TOTAL SAFE-T

Think. Plan. Operate. Safely.

11:20 **LISA HOT POINTS, data driven insights from 3000 real surgical patients**

CARLOS OÑATE, MD

11:35 **News from the safe side: SAPIENS behind T12**

MAURICIO PEREZ, MD

11:50 **Reimagining Recovery: The Science Behind Faster, Smarter Healing**

FILIPE FUSINATO, MD

12:05 **Advanced Post-Operative Care Protocols: Optimising Clinical Outcomes and Practice Profitability**

TETYANA PROBYY HOLOVA

12:25 **The Role of the Gut Microbiota in Postoperative Patient Care**

INGRID MORENO, MD

12:40 **Skyn quality optimization in Body Contouring**

MARYNA SVYRYDYUK

12:55 **The Dark Side of Beauty: Current Mortality Trends**

RODRIGO DOMÍNGUEZ MILLÁN MD

13:10 **What is LISA CARE?**

JOSE SANTAELLA , MD

13:25

LUNCH TIME



14:30

TOTAL INTIMATE

DAY 2:

SATURDAY
FEBRUARY 28

14:30

**MASTERCLASS: Flower power:
the Intimate revolution**

MAURCIO WAGNER, MD

T	D	GD
A	B	S

BEYOND HUMAN

Stemcells, exosomes, peptides and other magical potions.

DAY 2:
SATURDAY
FEBRUARY 28



T	D	GD
A	B	S

BEYOND HUMAN

Stemcells, exosomes, peptides and other magical potions.



DAY 2:
SATURDAY
FEBRUARY 28

- 15:00** **Healthspan: the THERAPEUTIC REVOLUTION in how to defeat the inevitable and make you healthier again: (GLP-1 RA)**
CAMILO RICORDI
- 15:30** **Peptides as regenerative medicine: from molecular biology to clinical results**
ANDREA LAPEIRE, MD
- 15:50** **Innovations in Cell Therapy: Translational Advances and Real-World Clinical Applications**
RONI MOYA, PHD
- 16:10** **Mitochondrial biogenesis to accelerate postoperative recovery**
ALESSANDRA PROTO, MD
- 16:25** **Give me my coffee and nobody gets hurt**
- 16:45** **Clinical Peptide therapy for regeneration and longevity: A comprehensive overview of what peptides do, backed by clinical data**
JASON PENCEK, DC, FNP
- 17:05** **High Hopes: Reshaping the patient journey with Psychedelic-Assisted Surgery**
RODRIGO DOMÍNGUEZ MILLÁN, MD
- 17:20** **Can a Regenerative Environment Improve Surgical and Aesthetic Outcomes?**
JERRY CHIDESTER, MD
- 17:30** **BeautySpan. Beyond the scalpel rejuvenation and the applications for Plastic Surgery**
ALFREDO HOYOS, MD
- 17:50** **Discussion:**
- 18:10** **BEST SCIENTIFIC POSTER AWARD
by Fellows and Residents
Winner of The Ready Plastic One Game**
- 21:00** **Party of Angels Vs Demons**

CLOSING REMARKS



"This season reminds us that beyond science and skill,
the true power of medicine lies in the heart.

Thank you for being part of TD ABS, for inspiring one another,
and for elevating the future of our field together.

The experience does not end here it travels with each of you into every patient,
every practice, and every new challenge.

Until next time, keep the passion alive.



! Good night !



THE BEST CONGRESS IN THE GALAXY



Faculty that shines
brighter than stars
in the sky

**SIMULTANEOUS TRANSLATION
IN ENGLISH, SPANISH AND PORTUGUESE**

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FOR THE PARTY

“HEAVEN OR HELL... TONIGHT WE MEET IN THE MIDDLE.”



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 TOTAL
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